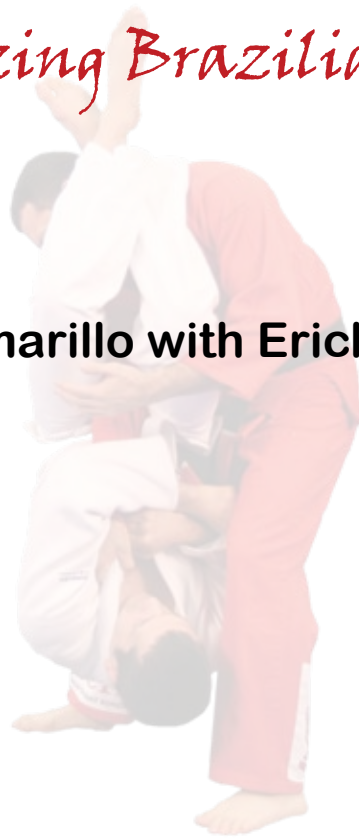


# GUERRILLA JIU-JITSU

*Revolutionizing Brazilian Jiu-Jitsu*

**Dave Camarillo with Erich Krauss**



**Victory Belt Publishing**  
California

[www.VICTORYBELT.com](http://www.VICTORYBELT.com)

First Published in 2006 by Victory Belt Publishing.

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ISBN: 0-9777315-8-8

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# CONTENTS

Acknowledgments . . . . .	1
About This Book . . . . .	3
The Birth of Guerrilla Jiu-Jitsu . . . . .	5
Judo versus Jiu-Jitsu . . . . .	15
Reaching Your Full Potential . . . . .	16
The No Gi Controversy . . . . .	17

## **1 INCORPORATING JUDO AND JIU-JITSU**

Introduction to <b>ROLLS</b> . . . . .	20	Bait Grip . . . . .	55
Forward Roll . . . . .	21	Breaking Sleeve Grip with Knee . . . . .	57
Backward Roll . . . . .	23	Introduction to <b>THROWS</b> . . . . .	59
Forward Roll with Spread Legs . . . . .	25	Forward Throw Movement . . . . .	60
Backward Roll with Spread Legs . . . . .	27	Seoi-Nage . . . . .	63
Forward Roll with Handstand . . . . .	28	Koshi-Guruma . . . . .	65
Backward Roll with Handstand . . . . .	30	Tai-Otoshi . . . . .	67
Introduction to <b>FALLS</b> . . . . .	32	Osoto-Gari . . . . .	69
Right and Wrong Shoulder Roll . . . . .	33	Osoto-Gari Variation . . . . .	72
Side to Side Fall . . . . .	36	Ouchi-Gari . . . . .	75
Back Fall . . . . .	37	Kouchi-Gari . . . . .	77
Side Fall . . . . .	38	Ouchi-Gari to Uchi-Mata . . . . .	79
Introduction to <b>GRIPS</b> . . . . .	40	Foot Sweep . . . . .	82
Sleeve Grip . . . . .	41	Switch Foot Sweep . . . . .	84
Pistol Grip . . . . .	42	Introduction to <b>MESHING</b>	
Sleeve to High Grip . . . . .	43	<b>TECHNIQUES</b> . . . . .	86
Breaking Collar Grip . . . . .	45	Force High Stance . . . . .	87
Breaking High Grip . . . . .	47	Over-Hook Harai-Goshi . . . . .	89
Breaking Collar Grip with Hand . . . . .	49	Gripping Throw . . . . .	92
Getting Inside Grip . . . . .	51	Ashi-Barai . . . . .	94
Keeping Inside Grip . . . . .	53	Ashi-Barai Pickup . . . . .	97
		Belt Grip Tai-Otoshi . . . . .	100
		Tani-Otoshi . . . . .	102
		Stopping Wrestling Shot . . . . .	105
		Finding Balance in Single Leg . . . . .	106
		Single Leg to Uchi-Mata . . . . .	108
		Single Leg to Scissor Throw . . . . .	111
		Single Grip Foot Sweep . . . . .	113
		Uchi-Mata against Opponent	
		on One Knee . . . . .	115
		Back to Kosoto-Gari . . . . .	117

## **2 FROM THROWS TO SUBMISSIONS**

Introduction to <b>FROM THROWS TO SUBMISSIONS</b> .....	122
Pulls .....	123
Arm Exposure .....	124
Quick Armlock Switch .....	125
Quick Armlock Switch #2 .....	128
Cutting Corners for Armlocks .....	131
Countering Armlock Defense .....	132
Countering Armlock Defense #2 .....	133
Elbow Control from Standing .....	134
Impact Control .....	135
Impact Control Variable #1 .....	137
Impact Control Variable #2 .....	139
Impact Control Variable #3 .....	141
Impact Control Variable #4 .....	143
Impact Control Variable #5 .....	145
Overthrown Armlock .....	147
Kouchi-Gari Transition .....	149
Kouchi-Gari Spinning Armlock .....	151
Half Guard Armlock .....	154
Foot Sweep Transition to Armlock .....	157
Low Fireman's Carry to Armlock .....	159
High Fireman's Carry to Armlock .....	161
Tomoe-Nage Armlock .....	164
Walk Past Guard .....	167
Block Guard with Knee .....	169
Anti-Judo .....	170

## **3 FLYING ATTACKS**

Introduction to <b>FLYING ATTACKS</b> .....	174
Crash Pad Safety .....	175
Triangle Armlock	
Demonstration on Ground .....	176
Triangle Efficiency .....	178
Flying Triangle to Armlock .....	180
Elbow Control Flying Armlock .....	182

Shoulder Grip Flying Armlock .....	184
Flying Triangle .....	186
Flying Triangle to Omoplata .....	189
Option for Flying Omoplata #1 .....	192
Option for Flying Omoplata #2 .....	194
Option for Flying Omoplata #3 .....	197
Flying Reverse Triangle .....	200
Flying Armlock from Wizard .....	203
Flying Arm-Drag to Back .....	206
Dealing with Flying Attack	
Defense Option #1 .....	209
Dealing with Flying Attack	
Defense Option #2 .....	211
Dealing with Flying Attack	
Defense Option #3 .....	213
Throw Defense to Flying Armlock .....	216
Flying Triangle off Single Leg .....	218



# ACKNOWLEDGMENTS

A very special thanks goes out to my parents, Jim and Linda, for giving me everything I needed to get where I am today. Without my father's constant pursuit to make me the best martial artist possible, I would have a completely different perception of what it means to be dedicated. And without my mother's quest to keep my life balanced, I would have cracked a long time ago.

Despite our different philosophies, I am forever grateful to Ralph Gracie for his direct contribution to the art, my training, and my life!

To my brother, for showing me the true meaning of talent, training with me all those years, making me tough as a youngster by beating the hell out of me, and for being incredibly selfless when it came to putting this project together.

A warm thanks for my wife, Shumei, for making the negative aspects of my life more positive, keeping me in line, and aiding me in seeing how to reach my full potential. Without her, I would still be living in a warehouse down by the river.

To Ernest "Waffle" Ellender for his guidance in everyday life, giving me the necessary strategies to handle frustration, and being such a genuine friend.

If it weren't for the guys on the San Jose State Judo Team, I would be half the man I am today. Man, you guys are tough! That is especially true

with Dave Williams, a guy who has put so much effort in at SJSU and always believed in me, even when I was an arrogant jiu-jitsu practitioner. And a big thanks to Sean Williams ([hollywoodbjj.com](http://hollywoodbjj.com)) for being one of the nicest guys in jiu-jitsu and helping me with my game.

I owe so much to the Imamura family for taking care of me all those years and throwing me at will. I'm also indebted to Paul Schreiner, a man I consider to be my instructor.

I have to thank Josh Resnick for standing by me for so many years and teaching my students world-class judo! And I've got to thank Benjamin Ross for making me laugh and keeping me on my toes with his genius wit.

I'd like to thank everyone at the 131st Para-Rescue Squadron at Moffett Field, especially TSgt Mike Malloy. In addition to being a wonderful friend, he has helped me when I was down and taught me great life lessons through his military stories, which has increased my understanding of those in the US Military. They're the bravest souls on the planet.

A massive thanks goes out to the folks at On The Mat, particularly Scott Nelson and Gumby Marquez. They have been great friends and instrumental to my career. I'd also like to thank everyone at Dave Camarillo.com, particularly Joe Corrano.

# DEALING WITH FLYING ATTACK DEFENSE OPTION #3

**1** After jumping up with my flying attack, I assume the standard triangle position. I have a left sleeve grip above my brother's right elbow and a right collar grip.



**2** As my body comes down to the mat, I instantly become aware that my brother has excellent triangle defense. He has bent his trapped arm up toward his head, and he is locking it in place with his left arm. He is also using his shoulders to resist the pressure of the triangle. Rethinking my game plan, I immediately plant my right hand on the inside of his left leg. Notice that I am not gripping his leg—my fingers are on one side, and my thumb is on the other. I then push off my planted hand to rotate my body in a counterclockwise direction.

**3** As I continue to rotate my body in a counterclockwise direction, I maintain my sleeve grip. Because I have kept my legs locked down, my brother still thinks I'm trying to isolate his arm.

